

SREENARAYANAGURU OPEN UNIVERSITY

Bachelor of Arts in Psychology

PROGRAMME PROJECT REPORT

1. Sreenarayanaguru Open University

The Sreenarayanaguru Open University is a State University exclusively dedicated to higher education in a blended format. The University was established in September 2020, vide the Government Ordinance No. 45 of 2020, and subsequently, it was brought under the Sreenarayanaguru Open University Act 1 of 2021 by the Government of Kerala. It is named after the great social reformer Sreenarayanaguru and it is headquartered in Kollam with four regional centers across the state of Kerala. The University has been committed to the cause of inclusive education and its pedagogy derives the reasons and the pathways from its institutional motto, 'Access and Quality define Equity'. The University has drawn up a plan to explore the potential of self-learning materials defined within the broad framework of the blended mode of education.

2. Aims and Objectives of the University

The University has approved statements on vision, mission and its pathway as given below:

Vision

To increase the access of potential learners of all categories to scientific and value-based quality higher education, research and training, the University endeavours to ensure equity in its process and outcome, fostering educational empowerment for social advancement.

Mission

- To be benchmarked as a model for conservation and dissemination of knowledge and skills in blended and virtual modes, through approved quality, continuing adult higher education, training and research.



DR. D.MPI V. DIVAKARAN

Registrar

**Sreenarayanaguru Open University
Kollam, Kerala - 691601**

- To democratise lifelong continuous education, skilling, upskilling, and training for all individuals, regardless of economic status.
- To foster inclusiveness in quality education by bringing economically and socially weaker sections under the quality higher education framework without gender, religious, and regional discrimination.
- To provide access to quality higher education for potential learners without formal prerequisites.

Pathway: Access and Quality define Equity.

3. Details of the Proposed Programme

The proposed programme, Bachelor of Arts in Psychology, is conceived to be a programme duly approved by the competent academic bodies of the University. The use of a choice-based credit system in programme delivery ensures that the pedagogy is relevant to practices across the country. The programme is organised on a semester basis and the programme has 6 semesters spread over 3 years. The learners are expected to complete all the required courses for a total of 132 credits. The details are given below:

- **Discipline Core Courses (DC)** are the courses offered in the chosen Major disciplines. There are seven **DC** courses in each major. Each course carries 6 credits.
- **Ancillary Courses (AN)** are segments of the discipline that support Core Courses to qualify the Programme. There are two **AN** courses in two disciplines. Each course carries 6 credits.
- **Language Core Courses (LC)** are the courses offered in English and Modern Indian Languages. There are two English language core courses (**ENG-1 and ENG-2**) and two Modern Indian Languages (**MIL-1 and MIL- 2**). Each course carries 6 credits.
- **Discipline Specific Elective (DE)** Courses are the elective courses offered in the Psychology Major. There are six **DE** courses offered, out of which three are to be chosen. Each course carries 6 credits.

- **Generic Electives (GE)** are the elective courses offered from other disciplines. There are two GE courses in the entire programme. For each GE course, the learner must choose one from the options offered by other disciplines apart from the ones chosen by the learner as major subjects for his study. These courses carry 2 credits each.
- **Skill Enhancement (SE)** courses are the skill enhancement elective courses offered in the discipline. There are a total of two SE courses. A list consisting of a minimum of three courses is offered, and the learners have to select one for each SE course. Each course carries 2 credits.
- **Ability Enhancement Compulsory Courses (AC)** are offered in the first and second semesters of the programme. The courses are Environmental Science, and English for Communication. Each course carries 4 credits.
- **Skill Enhancement Compulsory Course (SC)** is a mandatory course which is included in the third semester. The course is on Humanism and Logic. The course carries 2 credits.
- **Dissertation / Project Course (PR)** is a mandatory course which is included in the final semester. The course carries 6 credits.

3.1 Mission and Objectives of the Programme

Mission

- To enhance the capabilities of learners in the acquisition of knowledge, enabling them to be competent graduates, fully equipped for better professional performance.
- To ensure a dynamic framework for curriculum in form and content.
- To encourage learners for lifelong learning.
- To adopt learner-centric and illustrative methods for the proper engagement of the learners in the curriculum.
- To inculcate human values and ethics in the learners.

Objectives

- To use the concepts, language, and major theories of Psychology
- To describe the main psychological concepts
- To broaden their perspectives by describing how psychology relates to other academic domains or interdisciplinary studies
- To display knowledge and comprehension of the theory and research around learning and cognition, individual differences, biological foundations of behaviour, and developmental changes, the practical use of psychology
- To list the main applications of psychology
- To describe how psychological theories and concepts apply to real-world situations
- To acknowledge the need for ethical conduct in all facets of psychology's science and practise
- To actively participate in service learning projects that advance the health and welfare of people in particular circumstances.

3.2 Relevance of the Programme with the Mission and Goals of the University (HEI)

The curriculum aims to assimilate the original vision and goals of Sreenarayanaguru Open University:

- An updated syllabus designed for delivery on a blended platform.
- Thrust on capacity building in communication to ensure employability, and thereby increase the pace of social empowerment.
- The curriculum is learner-centric and therefore encourages open learning.

All the above attributes are mirror reflections of the proposed programme on institutional vision.

3.3 Nature of Prospective Target Group of Learners

Our learner community is expected to include a diverse range of learners from various classes and ages. The open and distant modes of the programmes provide learners with some flexibility in terms of admissions, eligibility, and age, allowing a wide range of people to have access to education, guaranteeing equity and quality. The affordable cost structure of the programmes increases the number of potential learners from financially weaker sections.

3.4 Appropriateness of the Programmes to be Conducted in Open and Distance Learning Modes to Acquire Specific Skills and Competence.

- An integrated and coherent curriculum based on specific, time-bound and achievable learning outcomes.
- The structure of the programme meets the benchmark of regular programmes.
- The programme has Self Learning Material (SLM) prepared with care, precision, and clarity which the learners will find easy to understand.
- The learning of self-study material will be aided by interaction and counselling sessions.
- Continuous evaluation through tests and assignments will ensure steady progress.
- The programme is designed in an inclusive format, laying stress on critical skills of interpretation to accommodate multiple perspectives.

4. Instructional Design

4.1 Curriculum Design

1. The programme has a well-structured and coherent syllabus, translating specific needs into objectives and learning outcomes that would allow the learner to navigate fruitfully through it.
2. The courses have been designed to impart fundamental knowledge in literature and language, incrementally moving on to more specific topics and areas. The skill enhancement courses address the practical and specific needs of the hour, equipping the learners to meet the needs of the industry which could lead into employment.
3. The self-study material prepared for each course is learner-centric and is aligned with the learning outcomes for each course. It summarises the necessary prerequisites for each unit in a block and outlines the key concepts. Key points are recapitulated at periodic intervals. Self-assessment

questions assist the learners in determining their level of comprehension.

4. Continuous assessment through tests, writing exercises and end semester examination, consisting of formative and summative evaluations, provides regular feedback.

4.1 Programme Details

The learner has to complete the following to fulfil the requirements of the proposed programme:

- 7 Discipline Core (DC) courses in Psychology
- 3 Discipline Specific Elective (DE) courses from a choice of 6 given courses, spread over the IV and V semesters.
- 4 Ancillary Courses (AN)
- 2 Language Core Courses (LC) each in English (ENG) and Modern Indian Languages (MIL).
- 2 Ability Enhancement Compulsory Courses (AC)
- 2 Skill Enhancement Courses (SE)
- 1 Skill Enhancement Compulsory Course (SC)
- 2 Generic Elective (GE) courses from the options provided by other disciplines different from the preferred major subject of the learner
- A Dissertation/Project course (PR)

4.2.1. Programme Structure

Sem	Discipline Core Course (6 Credit each)	Discipline Specific Elective (6 Credit each)	Ancillary Courses (6 Credit each)	Language Core (6 Credit each)	MIL (6 Credit each)	Generic Elective (2 Credit each)	Ability Enhancement Compulsory Course (4 Credit each)	Skill Enhancement Course (2 Credit each)	Skill Enhancement Compulsory Course (2 Credit)	Project (6 Credit)	Total Credit per Semester
I	DC-1		AN-A-1	ENG-1 (LC)			ENVIRONMENTAL STUDIES				22
II	DC-2		AN-B-1		MIL-1		ENG/MIL/COMMUNICATION				22
III	DC-3		AN-A-2	ENG-2 (LC)				SE-1	SC		22
IV	DC-4	DE-1	AN-B-2		MIL-2						24
V	DC-5	DE-2				GE-1		SE-2			22
		DE-3									
VI	DC-6										20
	DC-7					GE-2				PR	

Total	42 Cr	18 Cr	24Cr	12Cr	12Cr	4 Cr	8 Cr	4 Cr	2 Cr	6 Cr	132 Cr
-------	-------	-------	------	------	------	------	------	------	------	------	--------

DC: Discipline Core Courses

DE: Discipline Specific Elective Courses

AN-A : Ancillary Course A

AN-B : Ancillary Course B

GE-1 : General Electives from other disciplines

GE-2 : General Electives from other disciplines

SE: Skill Enhancement Courses(Core)

AC-1 : Environmental Studies

AC-2 : Communication course (English or MIL)

MIL : Modern Indian Languages

SC : Humanism and Logic

ENG : Language Core

PR : Dissertation / Project

4.2.2. Details of Courses

Semester	Course Type	Credit	CE (Continuous Examination)	ESE (End semester Examination)	Total
Semester I	DC-1	6	30	70	100
	AN-A-1	6	30	70	100
	ENG-1(English Language Core)	6	30	70	100
	AC-1	4	30	70	100
Semester II	DC-2	6	30	70	100
	AN-B-1	6	30	70	100
	MIL-1 (Modern Indian Language)	6	30	70	100
	AC-2	4	30	70	100
Semester III	DC-3	6	30	70	100
	AN-A-2	6	30	70	100
	ENG-2(English Language Core)	6	30	70	100
	SE-1	2	30	70	100
	SC	2	30	70	100
Semester IV	DC-4	6	30	70	100
	DE-1	6	30	70	100
	AN-B-2	6	30	70	100
	MIL-2 (Modern Indian Language)	6	30	70	100
Semester V	DC-5	6	30	70	100
	DE-2	6	30	70	100
	DE-3	6	30	70	100
	GE-1	2	30	70	100
	SE-2	2	30	70	100
	DC-6	6	30	70	100

Semester	DC-7	6	30	70	100
VI	GE-2	2	30	70	100
	PR	6	30	70	100

4.2.3 Courses for Bachelor of Arts in Psychology

4.2.3.1 Discipline Core Courses (DC) for Bachelor of Arts in Psychology

Se m	Course Type	Course Code	Course Name
I	DC-1	B23PY01DC	Foundations of Psychology
II	DC-2	B23PY02DC	Psychological Processes
III	DC-3	B23PY03DC	Psychology of Individual Differences
IV	DC-4	B23PY04DC	Psychology of Social Behavior
V	DC-5	B23PY05DC	Psychological Disorders - I
VI	DC-6	B23PY06DC	Psychological Disorders - II
VI	DC-7	B23PY07DC	Human Development

4.2.3.2 Ancillary Courses (AN) for Bachelor of Arts in Psychology

Se m	Course Type	Course Code	Course Name
I	AN-A1	B23ZO31AN	Brain and Behaviour
II	AN-B-1	B23ST01AN	Statistical Methods for Psychological Research
III	AN-A-2	B23ZO32AN	Psychology of Emotion and Cognition
IV	AN-B-2	B23ST02AN	Basics In Psychological Research

4.2.3.3 Discipline Specific Elective Courses (DE) for Bachelor of Arts in Psychology

Se m	Course Type	Course Code	Course Name
IV	DE-1	B23PY01DE	Life Skills Development
		B23PY02DE	Social Psychological Processes

		E	
V	DE-2	B23PY03D E	Counselling Psychology
		B23PY04D E	Organizational Behavior
V	DE-3	B23PY05D E	Health Psychology
		B23PY06D E	Learning Disability

Note: The learner shall choose one course from the above list for each Discipline Specific Elective Course, DE-1, DE-2 & DE-3 in the IV and V semesters.

4.2.3.4 Skill Enhancement Courses (SE) for Bachelor of Arts in Psychology

Sem	Course Type	Course Code	Course Name
III & V	SE-1 & SE-2	B23PY01S E	Stress Management
		B23PY02S E	Psychological Testing

Note: The learner shall choose one course from the above list for the Skill Enhancement Elective Course, SE-1 and SE-2 in the III and V semesters.

4.2.3.5 General Elective Courses (GE) for Bachelor of Arts in Psychology

Sem	Course Type	Course Code	Course Name
V	GE-1	B21AR01GE	Modern Standard Arabic
		B21EG01GE	Appreciating Literature
		B21HD01GE	व्यावहारिक हिंदी Communicative Hindi
		B21ML01GE	ആധുനിക മലയാള സാഹിത്യ ചരിത്രം Adhunika Malayala Sahithya Charithram
		B21SN01GE	संस्कृतसोपानम् Samskruta Sopanam

and VI	and GE-2	B21HS01GE	Modernization of Kerala
		B21CA01GE	Computer Systems and Internet Technologies
		B21SO01GE	Introduction to Sociology
		B21EC01GE	Economics for Everyday Life
		B21PH01GE	Introduction to the Philosophy of Sreenarayanaguru
		B21CM01GE	Banking
		B21BB01GE	Entrepreneurship and Startups

Note: The learner shall select one course from the above list apart from those of their disciplines, for each General Elective Course, GE-1 and GE-2 in the V and VI semesters.

4.2.3.6 Language Core Courses (ENG) for Bachelor of Arts in Psychology

Se m	Course Type	Course Code	Course Name
I	ENG-1 (LC)	B21EG01LC	Reading and Writing English
III	ENG-2 (LC)	B21EG02LC	Literature and the Contemporary World

4.2.3.7 Modern Indian Language Courses (MIL) for Bachelor of Arts in Psychology

Sem	Course Type	Course Code	Course Name
-----	-------------	-------------	----------------

		B21AR01LC	Functional Arabic
II	MIL-1	B21HD01LC	हिंदी गद्य साहित्य और संरचना Hindi Prose and Structure
		B21ML01LC	മലയാള സാഹിത്യം: കവിത - കഥ - ഉപന്യാസം - നോവൽ Malayala Sahithyam: Kavita- Kadha- Upanyasam-Novel

		B21SN01LC	गद्यं नाटकं च Gadyam Natakam Cha
IV	MIL-2	B21AR02LC	Literature in Arabic
		B21HD02LC	हिंदी पद्य साहित्य और अनुवाद Hindi Poetry and Translation
		B21ML02LC	മലയാള സാഹിത്യമാതൃകകൾ: ആത്മകഥ, ജീവചരിത്രം, യാത്രാവിവരണം, അനുഭവസാഹിത്യം Malayala Sahithya Mathrukakal: Aathmakadha, Jeevacharitram, Yathravivaranam, Anubhavasahithyam
		B21SN02LC	महाकाव्यं गद्यकाव्यं च Mahakavyam Gadyakavyam cha

Note: The learner must select any one course from the above list for the Modern Indian Language courses, MIL-1 and MIL-2, in the II and IV Semesters.

4.2.3.8 Ability Enhancement Compulsory Courses (AC) for Bachelor of Arts in Psychology

Se m	Course Type	Course Code	Course Name
I	AC-1	B21ES01AC	Environmental Studies
II	AC-2 (ENG/MIL Communication)	B21AR01AC	Communication in Arabic
		B21EG01AC	English for Communication
		B21HD01AC	रोज़मर्रा हिंदी Everyday Hindi
		B21ML01AC	Prayogika Malayalam
		B21SN01AC	व्यावहारिकसंस्कृतम् Vyavaharika Samskrutham

Note: The learner must select one course from the above list AC-2 from those disciplines that they did not choose, for the AC-2 course (ENG/MIL Communication) in the II Semester.

4.2.3.9 Skill Enhancement Compulsory Courses (SC) for Bachelor of Arts in Psychology

Se m	Course Type	Course Code	Course Name
III	SC	B21HL01SC	Humanism and Logic

4.2.3.10 Dissertation / Project Courses (PR) for Bachelor of Arts in Psychology

Se m	Course Type	Course Code	Course Name
VI	PR	B21PY01PR	Dissertation / Project

4.3 Duration of the Programme

The programme comprises six semesters, to be completed in three years. This is extendable up to three more years, allowing for flexibility within the system.

4.4 Faculty and Support Staff Requirements

The University deployed an adequate number of teaching staff in conformity with the regulations of the UGC. Each department is brought under a dedicated school in accordance with the subject matter of the discipline. Each school has a Professor as the Head of the Department, and each department has a minimum of 3 faculty members drawn from the category of Assistant Professor. The number of faculty in departments with postgraduate programmes is 5. The faculty are dedicated to the task and engaged on a full-time basis. They are stationed at the Academic Block, and they receive instructions from the Heads of the Schools. The Pro Vice Chancellor is in overall supervision.

4.5 Instructional Delivery Mechanism

- The courses are delivered in self-learning mode and Self Learning Materials are given to the learners at the time of admission. Self-assessment is made possible through this.
- The weekly contact/counselling sessions would assess the diverse needs of the learners and address issues related to learning.
- Virtual education modules supplement learning experiences.
- Evaluation includes Continuous Assessment, totalling 30 marks, as well as

End Semester Examination of 70 marks for each course.

4.6 Laboratory and Library Resources

Computer laboratory support for the programme would be extended to the learners for the language and communication skills courses.

A library with a substantial number of books, in line with the offered courses, is available at the University headquarters and at the learning support centres. Online resources will also be available.

4.7 Learner Support Service Systems

The University considers learner support services as the prime management unit. The administration ensures the deployment of adequate human and physical resources for effective learner management. It begins with enrolment and terminates at the point of convocation. The enormous endeavours in between the end points are mapped into appropriate support systems. The learner portal on the website is the main pathway for learners to access the institution. It is multi-functional and has all the features of a vibrant communication system. The complete solution of the university academic governance augments the network with the learner community. There is a dedicated administrative unit for learner affairs headed by a faculty and supported by a competent and resourceful management unit. The learner Affairs Department is attached to the Office of the Registrar, and therefore it is highly sensitive to the administrative resolutions.

5. Procedure for Admissions, Curriculum Transaction and Evaluation

5.1 Admissions

The University complies with the general framework of admission prescribed in the UGC regulations. In agreement with the generic pattern of Higher Education in the state of Kerala, the University follows an academic calendar. Subsequent to the approval of the programme by UGC-DEB, the University publishes notifications in the website and other public platforms, including national dailies. The University

website provides the electronic space for the submission of applications online, and the University does not entertain any other mode of submission of applications. The original documents will be scrutinised at the respective learning support centres distributed across the state, and therefore the learners need not lodge any certificates with the university for verification. It ensures a hassle-free process for scrutiny.

5.2 Minimum Eligibility for Admission

A pass in the Higher Secondary Examination conducted by a Board/University at the +2 level of schooling or its equivalent.

5.3 Programme Fees

The fee for the programme is Rs. 17,630/-. Tuition fee is waived for learners belonging to eligible categories.

5.4 Financial Assistance

The SC/ST and OEC category learners will be eligible for assistance as per the Government rules in force.

5.5 Curriculum Transaction/ Programme Delivery

- This is done by means of SLM which is handed over to the learners at the time of admission.
- Audio-visual aids and other online materials supplement SLM.
- Contact/counselling sessions will be conducted on a weekly basis.
- Evaluation is continuous and rigorous.

6. Academic Calendar

Events	Dates
Admission	July-August
Distribution of SLM	August – September
Contact Programme (Theory, Practical, Counselling)	September – April

Assignment Submission	September- March
Term End Examination	May
Results	June
Re-registration	July

7. Evaluation

The evaluation of the programme will be based on two aspects:

1. Continuous Internal Evaluation(CIE)
2. End Semester Examination(ESE)

CIE and ESE will be in the ratio 30:70.

7.1 Continuous Internal Evaluation (CIE) : It carries 30 marks distributed as follows:

- 50% for Assignment
- 50% Test paper

7.2 End Semester Examination (ESE) : It carries 70 marks as follows:

- Answer in a word or sentence (10 out of 15) 1 marks each = 10 marks
- Answer in two or three sentences (5 out of 10) 2 marks each = 10 marks

- Paragraph questions (6 out of 12) 5 marks = 30 marks
- Essay type questions (2 out of 4) 10 marks = 20 marks

Examinations (ESE) in every semester for all courses as prescribed under the respective curriculum. The End Semester Examinations shall be conducted by the University.

Complaints regarding the award of marks for CIE, if any, have to be submitted to the Programme Coordinator within 15 working days from the declaration of the results of CIE. There is no provision for improving Internal Marks (CIE Marks). Minimum attendance to obtain eligibility for the End Semester Examination (ESE) is 75%.

Grade and Grade Points:

Grading is based on the overall percentage of marks obtained by the learner in a course as shown below. The grade card shall only give the grades against the courses for which the learner has registered. Semester grade cards shall give the grade for each registered course, Semester Grade Point Average (SGPA) as well as Cumulative Grade Point Average (CGPA).

Letter Grade	Grade Point (GP)	% of Total Marks obtained	Class
O (Outstanding)	10	90% and above	First Class with Distinction
A+ (Excellent)	9	80% and above but less than 90%	
A (Very Good)	8	70% and above but less than 80%	

B+ (Good)	7	60% and above but less than 70%	First Class
B (Above average)	6	50% and above but less than 60%	
C (Average)	5	40% and above but less than 50%	
P (Pass)	4	35% and above but less than 40% Having 30 % or above for ESE is a necessary and sufficient condition for a pass.	
F (Fail)	0	Below 35% (CIE + ESE) or Below 30% for ESE	
I	0	Could not register for the end semester examination but fulfils the eligibility criteria or cancellation of the examination.	
Ab	0	Absent	
FE	0	Failed due to lack of eligibility criteria (R6.6)	
Equivalent percentage mark shall be = 10 * CGPA			

8. Cost Estimate of the Programme

Cost Estimate of the Programme and the Provisions (2023-24)			
Sl.No.	Expenditure	Total for the University during 2023-24 (30,000 Students Rs. in Lakh)	Cost estimate for BA Psychology (No.of Students 4500, Rs. in Lakh)
1	Pay and Allowance	576	86.4
2	Establishment Cost	410	61.2
3	SLM for Programmes	187	27.9
4	Student support services & Virtual learning facility	50	7.2

5	Counselling and Evaluation	25.74	3.6
6	Conduct of Examination & Allied activities	325	48.6
7	Books & Periodicals	99	14.85
8	Miscellaneous	5	0.45
	Total Cost	1677.74	250.2
	Provision (5%)		12.51
	Grand Total	1677.74	262.71
			Cost per student/year = Rs.5838

9. Quality Assurance Mechanism

- The Internal Quality Assurance Cell will monitor the efficacy of the programme.
- The syllabus will be updated periodically.
- feedback (on SLM, counselling, assessment system) mechanisms will be in place to ensure continuous evaluation of programme content and delivery.
- Academic audit will be undertaken to ensure quality.
- Grievance Redressal Cell will be functional.
- Infrastructure upgradation will be in place.

10. Programme Outcomes

At the end of the programme the learner is expected to,

- acquire a broad-based knowledge and understanding of the major concepts, theories, and methods used in the field of psychology.
- apply psychological knowledge to explain human behavior, mental processes, and the underlying principles that govern them.
- develop skills in conducting research, including designing studies, collecting and analyzing data, and interpreting research findings. They can use research methods to investigate and understand human behavior and mental processes.
- develop an understanding of ethical principles and professional standards in psychology. They will be able to apply these principles and standards in their own behavior and in their interactions with others.
- develop basic professional skills pertaining to psychological testing, assessment and counselling
- develop a critical approach to ideas and concepts leading to an independent perspective on social issues
- show a commitment to equity-centered national development, sympathetic social concern, the capacity to act with better understanding of challenges, and the willingness to contribute in the community



DR. DIMPI V. DIVAKARAN

Registrar

**Sreenarayanaguru Open University
Kollam, Kerala - 691601**



DR. DIMPPI V. DIVAKARAN
Registrar
Sreenarayanaguru Open University
Kollam, Kerala - 691601

DR. DIMPPI V. DIVAKARAN
Registrar
Sreenarayanaguru Open University
Kollam, Kerala - 691601